



## DR. SARTHAK MALIK

Consultant - Gastroenterology and Hepatology

### Qualification

Bachelor of Medicine and Bachelor of Surgery (M.B.B.S) | Doctor of Medicine (M.D. in Internal Medicine) | Doctorate of Medicine (DM), Gastroenterology

### Fellowship & Membership

- American college of gastroenterology.
- Indian Society of Gastroenterology.
- Indian Medical association.
- American Gastroenterological Association.

### Field of Expertise

- Diseases of the pancreas like acute and chronic pancreatitis
- Inflammatory bowel disease - Ulcerative colitis and Crohn's disease
- Chronic Liver diseases like viral hepatitis B and C, Alcohol-related liver diseases and their complications like UGI bleed, Ascites and hepatic encephalopathy
- Expertise in ERCP and Endoscopic ultrasound-guided procedures

### Languages Spoken

- English
- Hindi
- Punjabi

### Awards & Achievements

- Received National scholar award for best paper from India - Oral paper presentation at United European Gastroenterology Week, 2017, Barcelona, Spain.
- Best poster award at the Indian Society of Gastroenterology Annual conference in 2018.

## Talks & Publications

- Mallick B, Malik S. Use of Azathioprine in Ulcerative Colitis: A Comprehensive Review. *Cureus*. 2022 May 10;14(5):e24874. doi: 10.7759/cureus.24874. eCollection 2022 May.
- Malik S, Gupta P, Mandavdhare HS, Singh H, Sharma V. A rare presentation of a gallbladder mass. *Acta Gastroenterol Belg*. 2019 Jan-Mar;82(1):103. PMID:30888765.
- Malik S, Sharma K, Vaiphei K, Dhaka N, Berry N, Gupta P, Sharma M, Mallick B, Kochhar R, Sinha SK. Multiplex Polymerase Chain Reaction for diagnosis of gastrointestinal tuberculosis. *JGH Open*. 2018 Oct 17;3(1):32-37. doi: 10.1002/jgh3.12100. eCollection 2019 Feb. PMID:30834338.
- Kochhar R, Malik S, Reddy YR, Mallick B, Dhaka N, Gupta P, Sinha SK, Manrai M, Kochhar S, Wig JD, Gupta V. Endoscopic balloon dilatation is an effective management strategy for caustic-induced gastric outlet obstruction: a 15-year single centre experience. *Endosc Int Open*. 2019 Jan;7(1):E53-E61. doi: 10.1055/a-0655-2057. Epub 2019 Jan 4. PMID:30648140.
- Mallick B, Malik S, Gupta P, Gorski U, Kochhar S, Gupta V, Yadav TD, Dhaka N, Sinha SK, Kochhar R. Arterial pseudoaneurysms in acute and chronic pancreatitis: Clinical profile and outcome. *JGH Open*. 2018 Dec 26;3(2):126-132. doi: 10.1002/jgh3.12116. eCollection 2019 Apr. PMID:31061887.
- Kochhar R, Malik S, Reddy YR, Dutta U, Dhaka N, Sinha SK, Mallick B, Yadav TD, Gupta V. Outcomes of Endoscopic Dilatation in Patients with Esophageal Anastomotic Strictures: Comparison Between Different Etiologies. *Dysphagia*. 2019 Mar 30. doi: 10.1007/s00455-019-10004-1. [Epub ahead of print] PMID:30929058.
- Mallick B, Sharma DJ, Siddappa P, Dhaka N, Malik S, Sinha SK, Yadav TD, Gupta V, Kochhar R. Differences between the outcome of recurrent acute pancreatitis and acute pancreatitis. *JGH Open*. 2018 Jun 6;2(4):134-138. doi: 10.1002/jgh3.12060. eCollection 2018 Aug. PMID:30483578.
- Mallick B, Dhaka N, Sharma V, Malik S, Sinha SK, Dutta U, Gupta P, Gulati A, Yadav TD, Gupta V, Kochhar R. Impact of the timing of presentation of acute pancreatitis to a tertiary care centre on the outcome. *Pancreatol*. 2018 Oct 17. pii: S1424-3903(18)30699-9. doi: 10.1016/j.pan.2018.10.005. [Epub ahead of print] PMID:30366676.
- Kochhar R, Malik S, Gupta P, Reddy YR, Dhaka N, Sinha SK, Gupta V, Noor MT, Mallick B. Etiological spectrum and response to endoscopic balloon dilation in patients with benign gastric outlet obstruction. *Gastrointest Endosc*. 2018 Jul 11. pii: S0016-5107(18)32829-3. doi: 10.1016/j.gie.2018.06.037. [Epub ahead of print] PMID:30017869.
- Mallick B, Dhaka N, Gupta P, Gulati A, Malik S, Sinha SK, Yadav TD, Gupta V, Kochhar R. An audit of percutaneous drainage for acute necrotic collections and walled-off necrosis in patients with acute pancreatitis. *Pancreatol*. 2018 Aug 21. pii: S1424-3903(18)30657-4. doi: 10.1016/j.pan.2018.08.010. [Epub ahead of print] PMID:30146334.
- Harshal S Mandavdhare, Vishal Sharma, Narender Kumar, Harjeet Singh, Sarthak Malik, Surinder S Rana. Gastrointestinal Bleeding as Presentation of Metastatic Choriocarcinoma: Role of Early Chemotherapy. *Tropical Gastro*. DOI: <http://dx.doi.org/10.7869/tg.477>.
- Gupta P, Sinha SK, Malik S, Dhaka N, Srinivasan R, Kochhar R. Hepatic visceral larva migrans: a diagnostic enigma. *Trop Doct*. 2018 Jan;49475518786819. doi: 10.1177/0049475518786819. [Epub ahead of print] No abstract available. PMID:29996727.
- Sharma V, Malik S, Mandavdhare HS, Singh H. Successful ERCP for management of traumatic pancreatic disruption in a patient with situs inversus. *Intractable Rare Dis Res*. 2018 Feb;7(1):65-68. doi: 10.5582/iridr.2017.01072. PMID:29552451
- Gupta N, Singh N, Malik S. Bilateral Peroneal Axonal Neuropathy: A Rare Post-malarial Neurological Syndrome. *JCR*. 2013;3:433-5.
- Giri S, Bansal P, Malik S, Bansal R. Hypopituitarism presenting as congestive heart failure. *J Postgrad Med*. 2017 Oct-Dec;63(4):268-270. doi: 10.4103/0022-3859.201424.
- Malik S, Khurana S, Vasudevan V, Gupta N. A rare case of underlying pulmonary sequestration in a patient with recently diagnosed medium and large vessel vasculitis. *Lung India*. 2014;31(2):176-8.
- Gupta N, Khurana S, Malik S, Agarwal S. Varied manifestations of tuberculosis. *Med J DY Patil Univ*. 2015;8:401-3.
- Gupta N, Vaudevan V, Malik S, Nair N. Disseminated hydatid disease presenting as fever of unknown origin: A case report and review of the literature. *Med J DY Patil Univ*. 2015;8:65-7.
- Karki P, Malik S, Mallick B, Sharma V, Rana SS. Massive Hemolysis Causing Renal Failure in Acute Hepatitis E Infection. *J Clin Transl Hepatol*. 2016;4(4):345-7.
- Malik S, Giri S, Madhu SV, Rathi V, Banerjee BD, Gupta N. Relationship of levels of Vitamin D with flow-mediated dilatation of brachial artery in patients of myocardial infarction and healthy control: A case-control study. *Indian J Endocrinol Metab*. 2016 ;20(5):684-9.
- Malik S, Mallick B, Makkar K, Kumar V, Sharma V, Rana SS. Malignant McKittrick-Wheelock syndrome as a cause of acute kidney injury and hypokalemia: Report of a case and review of the literature. *Intractable Rare Dis Res*. 2016;5(3):218-21.
- Reddy YR, Gupta P, Malik S, Mallick B, Lal A, Sinha SK, Kochhar R. Endoscopic oesophageal perforation extending upwards along the carotid arteries. *Endoscopy*. 2016;48 Suppl 1:E240-1.
- Tomar LR, Gupta N, Malik S, Garg P, Chhabra P. Image Diagnosis: Immune Thrombocytopenia Secondary to Abdominal Koch Disease. *Perm J*. 2016 Winter;20(1):e103-4.
- Chhabra P, Gupta N, Malik S, Garg S. Leukemoid reaction in a patient with severe alcoholic hepatitis: A case

- report and review of the literature. Med J DY Patil Univ. 2016;9:101-3.
- Sahu, S.K., Giri, S., Malik, S. and Gupta, N., 2016. Unusual infectious mononucleosis complicated by vasculitis. Med J DY Patil Univ.2016;9:104-6.
  - Sharma V, Bhatia A, Malik S, Singh N, Rana SS. Visceral scalloping on abdominal computed tomography due to abdominal tuberculosis. Therapeutic Advances in Infectious Disease. 2017 Feb 13:2049936116685262.
  - Dr. Sarthak Malik Ryan Reynolds' Bet That Led To Colonoscopy: What Is It & Why You May Need One | The Quint.[Click Here](#)
  - SM Post | TOI. [Click Here](#)