

## **DR. BEENA HARIDAS**

Head and Consultant - General Anaesthesia

### **Qualification**

MBBS | The Armed Forces Medical College | MD Anaesthesia - Army Hospital (R&R), Delhi University

### **Overview**

Dr. Beena Haridas MD is an alumnus of the prestigious Armed Forces Medical College. She heads the Department of Anaesthesiology at the Manipal Hospitals. With her dedication and hard work, she is known to be the top anesthesiologist in Delhi. She holds a fellowship with the Indian Society of Anaesthesia Neonatal Society of Anaesthesia and has assisted in multiple cases of neonatology with success. She holds experience in Paediatric Anaesthesiology and pain management apart from metabolic and Bariatric Anaesthesia. Her experience in Pain Management and Paediatric Anaesthesiology is strengthened by her being a polyglot (someone who can speak many languages). She is proficient in four languages including English, Hindi, Bengali, and Malayalam. She is a practising clinician as well as a researcher with a zeal to learn and contribute to the academic world through her love for scientific research. She has published various articles in journals of academic value. She completed her MD in Anaesthesiology, from the Army Hospital, Delhi University. She did a five-year stint as a Short Service Commission Officer in the Army Medical Corps, which made her mentally strong and instilled a sense of strict discipline, to handle tough situations in her area of speciality. She has over two decades of work experience as an Anesthesiologist. Before joining the workforce at

Manipal Hospitals, she was associated with the renowned Fortis Hospital for 12 years. Her areas of expertise include - Bariatric Anaesthesia, Thoracic Anaesthesia and Onco-Anaesthesia. She also holds expertise in Regional Anaesthesia Techniques. She has contributed to the academic world with her publications. Has presented Scientific Paper presentations at ISA National conferences and ISA Delhi Conference on Thoracic Anaesthesia. Furthermore, her works on Thoracic Anaesthesia have been presented at AIIMS, Delhi. She has also published papers on Paediatric Anaesthesia in the Indian Journal of Anaesthesia. Thus, sharing her years of expertise and acquired wisdom with young minds and scholars of anesthesiology and pain management.

#### **Fellowship & Membership**

- Indian Society of Anaesthesia Neonatal Society of Anaesthesia

#### **Field of Expertise**

- Anaesthesia for Thoracic Surgery.
- Anaesthesia for Metabolic and Bariatric procedures Anaesthesia for Pediatric surgery.
- Ultrasound-guided regional anaesthesia Acute pain management.

#### **Languages Spoken**

- Hindi
- English
- Malayalam
- Bengali

## Talks & Publications

- Scientific Paper presentations at ISA National conferences and ISA Delhi Conference on Thoracic Anaesthesia.
- Presentation on Thoracic Anaesthesia at AIIMS, DELHI Published paper on Paediatric Anaesthesia in Indian Journal of Anaesthesia.