



DR. HARISH SAINI

Consultant - Nephrology

Qualification

MBBS (UCMS, Delhi) | MD (Internal Medicine), MAMC (Delhi), FICP | DM (Nephrology), IMS, BHU

Overview

Dr. Harish Saini is a renowned kidney specialist in Delhi and also a kidney transplant expert in Delhi. He has more than 10 years of experience in practice. Dr. Harish is highly skilled and knowledgeable in the field of treating kidney disorders and is committed to providing the highest quality care to his patients. Trained from one of the best institutes in the country, he did MBBS from UCMS (University College of Medical Science), New Delhi, then pursued his MD (Internal Medicine) from MAMC (Maulana Azad Medical College) & associated Lok Nayak & GB Pant Hospital, New Delhi. Later on, he did his Superspecialisation DM Nephrology at the Institute of Medical (IMS) BHU, Varanasi. He has extensive experience in the diagnosis and treatment of various kidney-related conditions, including Chronic kidney disease, Acute kidney injury, Kidney stones, and Urinary tract infections, Hemodialysis, Peritoneal Dialysis, Resistant hypertension, Diabetic related kidney disease, Kidney Transplantation including ABO Incompatible Transplant. Dr. Harish has worked in multiple hospitals in Delhi and previously. He has attended various national and international conferences and has been a part of a number of seminars, CMEs and symposiums. Dr. Harish is fluent in Hindi and English and believes in effective two-way communication. This helps him create a customised treatment plan based on their specific recovery goals. His patients admire his empathetic conduct and professionalism, all this has helped him garner positive reviews from his patients. Dr. Harish has good experience in successfully conducting kidney transplants and treating multiple complex cases of kidney disorders.

Fellowship & Membership

- FICP (Fellow of Indian College of Physicians).

Field of Expertise

- Kidney Disease Related to Diabetes, Hypertension, Autoimmune diseases (e.g. SLE) etc.
- Management of Chronic Kidney Disease (CKD), Prevention and Treatment.
- Treatment of Uncontrolled Hypertension (Resistant Hypertension).
- Nephrotic Syndrome.
- Dialysis: Hemodialysis, Peritoneal Dialysis, CRRT, SLED.
- Vascular Access: Temporary & Permanent Dialysis Catheters insertion.
- Kidney Transplantation: Including ABO Incompatible Kidney transplants.

- Critical Care Nephrology.

Languages Spoken

- English
- Hindi

Awards & Achievements

- Secured First Position in Quiz Participated in AKI & Renal.
- Replacement Therapy in ICU: An Update, 2019, IMS, BHU, Varanasi.

Talks & Publications

- Early warning signs and symptoms of kidney disease â Connect to Kidney care.
- Certification in Good Clinical Practice, Current Regulatory and Ethical Requirement for Conducting Clinical Trial /Research in India 2019.
- Annual National Conference of Indian Society of Critical Care Medicine, 2019, Mumbai.
- Annual Conference of Indian Society of Nephrology, Chandigarh, 2019.
- Kidney Transplant Update - 2019, Delhi.
- International CME on Glomerular Disease, SGPGI, Lucknow, 2020.
- ISN North Zone, SGPGI, Lucknow, 2020.
- Attended Workshop on International Update on Renal & Transplantation Pathology (IURP 2020).
- Presented Oral Paper at the Annual conference of the Indian Society of Nephrology (ISN)-2019. PREVALENCE OF NON-ALCOHOLIC FATTY LIVER DISEASE (NAFLD) IN CHRONIC KIDNEY DISEASE â A prospective single centre studyâ Institute of Medical Sciences, Banaras Hindu University, Varanasi, 221005.
- Presented Poster at Annual National Conference of Society of Critical Care Medicine â CRITICARE 2019. : SPECTRUM OF OF HOSPITAL ACQUIRED AKI IN ICU ELDERLY PATIENT â A prospective single centre studyâ, Department of Nephrology, Institute of Medical Sciences, Banaras Hindu University, Varanasi, 221005. Participated in AKI & Renal Replacement Therapy in ICU: An Update, 2019, IMS, BHU, Varanasi.