

## **DR. SHWETA ARORA**

Associate Consultant - Pulmonology

### **Qualification**

MBBS | DNB (Respiratory Medicine) | EDARM, DM(Pulmonary & Critical Care Medicine)

### **Overview**

Dr. Shweta Arora is an experienced and highly trusted Respiratory Specialist in Delhi with a strong track record of success in treating various conditions in the field of Respiratory Medicine like - COPD, Asthma, TB, ILD, Lung Cancer, Sleep Disorders and Critical Illnesses. She has good experience in handling teams and coordinating with patients as well as management in an efficient manner. Dr. Shweta has over 7 years of experience in performing comprehensive respiratory diagnosis and treatment along with Advanced Interventional Pulmonology skills like Bronchoscopy & Guided Procedures (TBLB, EBB, Hot Biopsy), EBUS (Linear & Radial, Intranodal forceps & Cryobiopsy), Rigid & Semi-Rigid Thoracoscopy performed independently. She is proficient in procedures like ICD Insertion, Thoracocentesis, and USG Guided Pleural Interventions & well versed with USG evaluation & interventions. Confident in performing Independent bronchoscopy-guided Percutaneous Tracheostomy. Proficient in Respiratory Diagnostics like Spirometry, Body Box Plethysmography, IOS, DLCO, etc. as well as Interpretation of Sleep Studies for SRBDs. Dr. Shweta is considered the best respiratory doctor in Delhi, and has worked independently in Medical & Respiratory ICUs at prestigious institutes in New Delhi and has handled various medical & respiratory emergencies

including incubation & invasive and non-invasive mechanical ventilation and has performed ICU procedures like Central & Arterial line insertions. Dr. Shweta possesses outstanding interpersonal skills to foster a cohesive and collaborative team environment and maintain healthy relationships with peers, patients, and staff. She is a proactive and high-performing professional committed to achieving the best possible outcome for each and every patient, with significant experience and acumen in Routine Respiratory Procedures as well as Interventional Pulmonology procedures. Dr. Shweta is proficient in Hindi, English and Punjabi and has treated patients from across the country. In addition to offering customised and optimum care to patients, Dr. Shweta has also been acknowledged for her academic contributions. She is a gold medalist in DNB (Respiratory Medicine) and a Gold Medalist in DM (Pulmonary and Critical Care Medicine). Dr. Shweta has also contributed to various reputed medical journals in the form of papers and articles.

### **Fellowship & Membership**

- Fellow of Indian Chest Society, ERS(Membership)

### **Languages Spoken**

- English
- Hindi
- Punjabi

### **Awards & Achievements**

- Gold Medalist in DNB (Respiratory Medicine)
- Gold Medalist in DM ( Pulmonary and Critical Care Medicine )

### **Talks & Publications**

- Review article on "MDR Tuberculosis in Elderly" published in the Indian Journal of Tuberculosis - 2022.
- DM Thesis Paper "Clinical Utility of Diaphragmatic Ultrasound in Chronic Obstructive
- Pulmonary Disease Patients undergoing Rehabilitation.
- Delivered talks as faculty on topics like Mechanical Ventilation and also conducted a workshop on Impulse Oscillometry, at Vasant Kunj and Safdarjung Hospital, New Delhi.