



## DR. ALOK SHARMA

Consultant - Orthopaedics

### Qualification

MBBS | MS (Ortho) | MCh (United Kingdom)

### Overview

Dr. Alok Sharma, an alumnus of the prestigious King George's Medical College, Lucknow, did his post graduation (MS) in Orthopaedics from Govt. Medical College, Amritsar and MCh from Ninewells Hospital & Medical School, Dundee, UK. He has a keen interest in research & is a recipient of many fellowships including AO Trauma Fellowship from Kyungpook National University Hospital; S. Korea, Depuy Joint Replacement Fellowship, UPOA Travelling Fellowship and awards including the prestigious Ian Kelly Fellowship for the best scientific research during his MCh. His specialty interests lie in Joint reconstructions including Total Hip and Knee replacements (primary and revision), Acetabular reconstructions and complex polytrauma management. He has an avid interest in knowledge sharing, is the National Faculty of AO Trauma for its Basic & Advanced courses (including being the Chairperson of the AO Trauma Advanced Course) and an acclaimed speaker in various state, national & international conferences. He has been the Vice-President of the UP Orthopaedic Association, the Honorary Secretary & Vice-President of the Indian Medical Association, Ghaziabad, President & Secretary Ghaziabad Orthopaedic Club, Executive Committee Member of the Delhi & UP Orthopaedic Association, Organising Joint Secretary of the IOACON-2011 etc. He is an avid trekker and has successfully trekked to Tapovan, Gaumukh, Rudranath, Kalpeshwar, Madhyamaheshwar etc. He regularly participates in car rallies & has successfully completed 20th Raid De Himalaya Car Rally, Leh Ladakh in 2018, Desert Storm Car Rally, Bikaner, Jaisalmer in 2017. He was a leading member of the relief team of Orthopaedic doctors, SGTB Hospital, Govt Medical College, Amritsar which visited BHUJ (Gujarat) in Feb.2001 after the devastation caused by Earthquake to provide medical and surgical relief to the victims. He regularly participates in social, cultural activities including dramatics & stage performances. He has his own You Tube Channel viz 'KAM KEHNA, SUKHI REHNA' with his family. He is an Orthopedician in Ghaziabad who always carries a smile on his face even in the most difficult of circumstances and shares a good rapport with patients and colleagues.

### Fellowship & Membership

- AO Trauma Fellowship from Kyungpook National University Hospital; S. Korea.
- Depuy Joint Replacement Fellowship.
- UPOA Travelling Fellowship.
- Ian Kelly Award for the best scientific research during MCh in the United Kingdom.
- AO Trauma Member.
- Indian Orthopaedic Association Member.
- UP Orthopaedic Association Member.
- Indian Medical Association.

## Field of Expertise

- Joint reconstructions including Total Hip, Knee, Shoulder, Elbow replacements (primary and revision)
- Acetabular reconstructions
- Complex Polytrauma management
- Long bone fractures (Conservative & Surgical treatment)
- Fractures around the Joints including hip, knee, ankle, shoulder, elbow, wrist Congenital Limb deformities
- Bone, Joint & Soft tissue infections including TB
- Spinal problems management (Conservative & Surgical)
- Arthroscopic surgeries

## Languages Spoken

- English
- Hindi
- Punjabi

## Awards & Achievements

- Ian Kelly Award for the best scientific research during MCh in the United Kingdom.
- Honours in Physiology, Medicine & Paediatrics in MBBS.
- National Faculty of AO Trauma for its Basic & Advanced courses (including being the Chairperson of the AO Trauma Advanced Course).
- Vice-President of the UP Orthopaedic Association.
- Honorary Secretary & Vice-President of the Indian Medical Association, Ghaziabad.
- President & Secretary Ghaziabad Orthopaedic Club.
- Executive Committee Member of the Delhi & UP Orthopaedic Association.
- Organising Joint Secretary of the IOACON-2011.
- Best Sportsman award of IMA Ghaziabad.

## Talks & Publications

- 'Forearm Fractures', AO Trauma Blended Basic Principles Course, Oct, Delhi.
- B/L THR in a case of Fused Hips, UPORTHOCON-2020, 44th Annual Conference of UPOA, Lucknow, 14th to 16th February 2020.
- Minimising Surgical Footprint, AOTrauma Course- Advanced Principles of Fracture Management, New Delhi; 2nd to 4th May 2019.
- Myths & facts in the open fractures management, Diamond Academia, Delhi Medical Association's Diamond Jubilee Conference, New Delhi, 24th December 2017.
- Complex Humeral Shaft Fractures- Nailing, AOTrauma Course- Advanced Principles of Fracture Management, New Delhi; 5th to 7th Oct 2017.
- Tissue Vitality & Injury Effect, AOTrauma Course- Advanced Principles of Fracture Management, New Delhi; 5th to 7th Oct 2017.
- Management of Open Proximal Tibial fractures, UPOA Mid Term Symposium, Aligarh, 24th September 2017.
- Sub Trochanteric fractures Non Union, CONTAS, a conclave on Trauma, Arthroplasty & Spine, New Delhi, 18th September 2016.
- Trochanteric Fractures, AOTrauma Principles Course with Skills Lab, New Delhi; 15th to 17th Sept 2016.
- Relative Stability- Biomechanics, AOTrauma Principles Course with Skills Lab, New Delhi; 15th to 17th Sept 2016.
- Dual plating in Proximal Tibia, AO Foundation Faculty Education Programme (FEP), N. Delhi, 23rd-24th April 2016.
- Dual plating in Proximal Tibia- When & Why, UPORTHOCON-2016, 40th Annual Conference of UPOA,

- LLRM Medical College, Meerut; 12th - 14th February 2016.
- "Surgical approaches to Proximal Femur", APOA Trauma Surgical Skills Workshop, Lucknow; 17th October 2015.
- "Classification & Surgical approaches to Proximal Tibia", Focus Knee, Depuy Synthes symposium at Fortis Escorts Bone & Spine Institute, N. Delhi; 10th May 2015.
- "Forearm fractures" understanding the principles of diaphyseal and articular fractures", AO Principles Course with Skills Lab, Jodhpur; 20th March 2015.
- "Relative stability: biomechanics, techniques, and fracture healing", AO Principles Course with Skills Lab, Jodhpur; 20th March 2015.
- "Fracture Talus surgery: is timing important?", UPORTHOCON-2015, Teerthanker Mahaveer Medical College, Moradabad; 28th February 2015.
- "Plate form & function", AO Introductory Course, Jalandhar; 9th July 2013.
- "Delayed & Non-union", AO Introductory Course, Jalandhar; 9th July 2013.
- "Proximal Tibial Fractures", CME lecture, PAN Africa e-Network Project at Fortis Hospital, Noida, 23rd Nov, 2012.
- "Analysing the fracture patterns in Pilon fractures" CME lecture, PAN Africa e-Network Project at Fortis Hospital, Noida, 28th June, 2012.
- "Analysing Distal Tibial fractures", Orthopaedic Conclave, Bangkok, Thailand, 12th May 2012.
- "Analysing the fracture patterns in Pilon fractures", AO-Synthes Symposium on Knee & Ankle, Fortis Escorts Hospital, N. Delhi, 24th - 25th September 2011.
- "Is TBW still the Panacea", AO-Synthes Symposium on Knee & Ankle, Fortis Escorts Hospital, N. Delhi, 24th- 25th September 2011.
- "Advances and Innovations in Total Hip Replacement" on 28th February 2010 at Indian Medical Association meeting at Aligarh, UP.
- "Acetabular Fractures", on 28th January 2009 at Bareilly Orthopaedic Association meeting, Bareilly, UP.
- "Inter- and intra-observer variability in measuring the joint space of the knee using a computerised method", on 25/01/2007 and 01/05/2007 at Department of Orthopaedics and Trauma Surgery, Ninewells Hospital, Dundee, UK.