



## DR. ASHISH DAGAR

Consultant - Spine Surgery

### Qualification

MBBS | MS (Ortho) | DNB (Ortho) | Fellowship Spine Surgery

### Overview

Dr. Ashish Dagar is a highly skilled Spine Surgeon in Gurgaon with 8 years of post-PG experience. He completed his MBBS from BVUMCH, Sangli, Maharashtra in 2006 and DNB (Orthopaedics) from Vardhman Mahavir Medical College & Safdarjung Hospital, New Delhi in 2015. Dr. Ashish holds multiple fellowships in MIS and Endoscopic Spine Surgery from prestigious institutions in South Korea and France. Dr. Ashish Dagar's expertise lies in treating various spine conditions, including cervical, dorsal, and lumbosacral spine issues. He is renowned for performing complex procedures such as ACDF, ACCF, Cervical Disc Replacement, and Endoscopic Decompression. He is the Best Spine Specialist in Gurgaon. Dr. Ashish Dagar has made significant contributions to the medical field through his research and publications in renowned journals. Some worth mentioning contributions are a case report on "Post-traumatic thoracolumbar spinal epidural hematoma in a child: a rare clinical entity" - BMJ Case Rep in 2019 and "Necessity of Direct Decompression for Thoracolumbar Junction Burst Fractures with Neurologic Compromise" for World Neurosurg in 2020. He is a valued member of professional associations and is currently associated with Manipal Hospital Gurugram as a consultant with the Department of Spine Surgery. He is fluent in Hindi and English and believes in offering a safe space to all his patients so that they can speak about their medical conditions comfortably. This allows him to create a comprehensive treatment plan that focuses on holistic healing and faster recovery. Dr. Ashish Dagar develops and manages treatment plans, which may include medication, physical therapy, or surgery. In addition to this, he also dedicates time to providing patient education and counselling to ensure that the patient is aware of every aspect related to the treatment and is making a confident decision. He has performed numerous complex surgeries successfully and has many case studies to share. Dr. Ashish Dagar's sincere approach and compassionate conduct are appreciated by all his patients.

### Fellowship & Membership

- Fellowship MIS & Endoscopic Spine Surgery, GoodDoctor TeunTeun Hospital, Seoul, South Korea (November 2019)
- Fellowship MIS & Endoscopic Spine Surgery, Changwon Jeil General Hospital, South Korea (September 2019)
- Fellowship Endoscopic Spine Surgery, Nouvelle Bel-Air, Bordeaux, France (August 2019)
- Fellowship Spine Surgery, PGIMER, Chandigarh (July 2018 - July 2019)

### Field of Expertise

- Cervical Spine: ACDF - Single/Multiple Level ACCF - Single/Multiple Level Cervical Disc Replacement Endoscopic Cervical Disc Replacement Posterior Fixation and Decompression Endoscopic Cervical Discectomy and Foraminal Decompressions.
- Dorsal Spine: Posterior Decompression and Fixation Anterior Decompression - Thoracotomy and Corpectomy with Fixation Deformity Correction (Scoliosis, Kyphosis) Endoscopic Decompression.
- Lumbosacral Spine: Posterior Decompression and Fixation Fusion Surgeries (PLIF/TLIF, ALIF) Lumbar Disc Replacement Anterior Decompression - Corpectomy with Fixation Deformity Correction (Scoliosis, Kyphosis) Endoscopic TLIF Endoscopic Decompression (PSLD, Transforaminal).

## Languages Spoken

- Hindi
- English

## Awards & Achievements

- Best Paper / Poster presentation at various academic forums.

## Talks & Publications

- "Transforaminal epidural Etanercept for the treatment of prolapsed lumbar intervertebral disc induced sciatica" - J Clin Orthop Trauma. 2017 Apr-Jun; 8(2):148-152.
- "Management of post-traumatic neglected cervical facet dislocation" - J Clin Orthop Trauma. 2017 Apr-Jun; 8(2):125-130.
- "Direct Drop-Down Anterior Approach to Subaxial Cervical Spine" - Tech in Orthopaedics. 2019 July.
- "Flipped Reposition Laminoplasty for Excision of Intradural Extramedullary Tumors in the Thoracolumbar Spine: A Case Series of 14 Patients" - Asian Spine J. January 8, 2020.
- "Post-traumatic thoracolumbar spinal epidural hematoma in a child: a rare clinical entity" - BMJ Case Rep. 2019 Dec 3;12(12):e232055.
- "Necessity of Direct Decompression for Thoracolumbar Junction Burst Fractures with Neurologic Compromise" - World Neurosurg. 2020 Jul 17.