



## **(COL) DR. MONIK MEHTA**

Senior Consultant - Cardiology

### **Qualification**

DM (Cardiology) - 2003 from Armed Forces Medical College (AFMC), University of Pune | MD (Medicine) - 1991 from Army Hospital, University of Delhi | MBBS -1983 from Armed Forces Medical College (AFMC), University of Pune | Fellowship in Cardiac Electrophysiology

### **Overview**

Dr. Monik Mehta is a heart specialist in Gurgaon with over 25 years of experience. He has served in the Indian Armed Forces including AFMC Pune, and Army Hospital Delhi, and was last posted as Head of the Cardiology Department, at Military Hospital, Jalandhar. He has thereafter also worked with various corporate hospitals in Delhi NCR. Dr. Monik has vast experience in managing all types of heart problems and doing complex procedures e.g. coronary angioplasties, pacemaker implantation, AICD, and cardiac resynchronization devices. He is the foremost Heart specialist in Gurgaon. His areas of expertise include radial artery access interventions, carotid interventions, acute myocardial interventions, device closure in congenital heart disease, management of heart failure patients, and cardiac electrophysiology. Dr. Monik has numerous publications and presentations at various forums. He is a fellow and member of many prestigious international and national organizations such as Fellow of American College of Cardiology, Fellow of Society for Cardiovascular Angiography and Interventions (FSCAI -USA), International Fellow of the European Society of Cardiology (2017), the European Association of Percutaneous Cardiovascular Interventions, Asia Pacific Vascular Society, Cardiology Society Of India and Association of Physicians of India. Presently he is in charge of the cardiology centre at Manipal Hospital, Palam Vihar, Gurgaon where he is the Chief of Cardiology. Dr. Monik has won many prestigious awards some of which are the United Nations Medal by the United Nations and Videsh Sewa Medal by Govt. of India. He is fluent in Hindi, English and Punjabi and has treated patients from diverse geographical and cultural backgrounds. Dr. Monik educates, counsels and answers all the concerns a patient may have regarding the procedure so that they can make an informed decision. Dr. Monik Mehta is one of the best cardiologists in Gurgaon having vast experience in the field. He has appeared in various YouTube videos for Manipal Hospitals and frequently shares blogs with the objective of busting myths related to heart health and circulating the right information to the public.

### **Fellowship & Membership**

- Fellow of the American College of Cardiology (FACC).
- Fellow of the Society for Cardiovascular Angiography and Interventions (USA).
- International Fellow of the European Society of Cardiology (2017).
- European Association of Percutaneous Cardiovascular Interventions.
- Asia Pacific Vascular Society.
- Asia Pacific Heart Rhythm Society (APHRS).

- Cardiology Society of India.
- Association of Physicians of India.

## Field of Expertise

- Complex Coronary angioplasties
- Radial Artery access interventions
- Pacemaker implantation, AICD, heart failure devices
- Cardiac Electrophysiology (EPS & RFA)
- Carotid interventions, acute myocardial interventions
- Clinical Cardiology and management of heart failure patients
- ASD, PDA closures
- Peripheral Angiographies & Angioplasties

## Languages Spoken

- English
- Hindi
- Punjabi

## Awards & Achievements

- United Nations Medal by United Nations.
- Videsh Sewa Medal by Govt. of India.
- United Nations in Cambodia.
- Bhutan – IMTRAT Hospital.
- Mahidol University, Bangkok, Thailand.
- Faculty at various international, and national conferences and state meets and Workshop.
- Numerous national and international journal publications.

## Talks & Publications

- Dr. (Col) Monik Mehta explains why stress, long work hours & genetic factors put young women at risk of fatal heart ailments in ET Panache. [Click Here](#)
- Dr. Monik Mehta on Know how to keep your heart health in check | HT Healthshots. [Click Here](#)
- Dr. Monik Mehta National Heart Transplantation Day 2022: Doctor explains the importance of regular checkups and proper medications post-surgery | News9 | Industry Story. [Click Here](#)
- Dr. (Col.) Monik Mehta on a case study of a woman (41) with rare artery disorder treated at Gurgaon hospital The Times of India. [Click Here](#)
- Dr. (Col.) Monik Mehta on Shocking ways how unmanaged blood pressure causes heart problems in The Times of India (Digital) | Exclusive Story. [Click Here](#)