



## DR. PAVITHRA R

Consultant - internal medicine

### Qualification

MBBS | MD (Internal Medicine)

### Overview

Dr. Pavithra R is a renowned Internal Medicine Specialist practising in Bangalore, India. Dr. Pavithra has over 14 years of experience in her area and has established herself as a highly qualified and knowledgeable doctor. She is currently employed with Manipal Hospitals in Bangalore's Hebbal neighbourhood. The educational background of Dr. Pavithra is outstanding. After receiving her MBBS from Rajiv Gandhi University of Health Sciences in 2009, she continued her education at Bangalore's Kempegowda Institute of Medical Sciences (KIMS), where she eventually received her MD in general medicine in 2014. Her desire to become even more specialised drove her to pursue fellowships in gastrointestinal, endocrinology, and cardiology. She completed her fellowship studies at the esteemed Kasturba Medical College in Manipal. Dr. Pavithra's membership in prestigious associations, including the Indian Medical Association, the European Society of Cardiology, and the American College of Physicians, is evidence of her commitment to the medical field. She can stay current on developments in her field and communicate with other internal medicine experts thanks to her participation in these professional associations. Internal medicine subspecialties such as cardiology, endocrinology, and gastrointestinal problems are all areas of competence for Dr. Pavithra. She can identify and treat various medical issues affecting adult patients because of her extensive training and experience. She uses evidence-based approaches in her approach to patient treatment and has a thorough understanding of complex disorders. Patients may anticipate a kind and caring experience when seeing Dr. Pavithra for medical care. She is renowned for her amiable personality, which puts patients at ease throughout encounters. Dr. Pavithra can give individualized care that is catered to the needs of each patient because of her exceptional interpersonal skills and thorough attention to detail. No wonder she is considered one of the best internists in Hebbal, Bangalore. Areas of Expertise include: Internal medicine specialist Dr. Pavithra R is highly qualified and experienced. She thoroughly understands the human body and the different ailments that can impact it. She is an expert in the following fields: Cardiology, Endocrinology, Gastroenterology, Haematology, Nephrology, Oncology, Pulmonary Medicine, Rheumatology. Dr. Pavithra R holistically treats her patients. To help people make decisions about their care, she works with them to understand their unique requirements and goals and teaches them about their disease. She provides a range of therapeutic alternatives, including prescription drugs, dietary adjustments, and surgery. For instance, she can recommend lifestyle modifications like eating a balanced diet, exercising frequently, and prescribing medicine to decrease blood pressure. She might suggest surgery if medication and lifestyle modifications cannot control the patient's blood pressure. Numerous individuals have improved their health and quality of life thanks to Dr. Pavithra R's comprehensive approach to treatment. Dr. Pavithra R. is a kind and sympathetic medical professional dedicated to giving her patients the finest care possible. She spends time getting to know her patients and hearing their worries. She also offers assistance and knowledge to help her patients manage their conditions. Dr. Pavithra R is dedicated to giving her patients the highest quality treatment. She possesses skill, wisdom, and compassion. She spends time getting to know her patients, listening to their concerns, and creating a therapy strategy tailored to each of them. Respected for her internal medicine knowledge and dedication to her patients, Dr. Pavithra R. enjoys a stellar reputation in the medical community. Dr. Pavithra R is a top option if you're searching for an adept and knowledgeable Internal Medicine Specialist in Bangalore.

## Field of Expertise

- Internal Medicine

## Languages Spoken

- Kannada
- English
- Hindi
- Telugu

## Talks & Publications

- ECG manifestations in Acute Ischemic stroke-Dr.Pavithra et al;IOSR journal of Dental and Medical Sciences:2279-0861.Volume 13,Issue 6 Ver.V (June 2014).
- Dr. Pavithra R on Exercise to Immunity: 7 ways to prevent heatstroke during summer | Asianet.[Click Here](#)
- Dr. Pavithra R on Hitting the gym? Watch out for staph infections | Bangalore Mirror.[Click Here](#)
- Manipal Hospitals Hebbal: Dr. Pavithra R on Winter hydration: How to tackle cold weather dehydration | Happiest Health. [Click Here](#)