



# DR. TANMAI YERMAL (JAIN)

Consultant - Cardiology

## Qualification

MBBS | MD (Medicine) | DNB (Cardiology)

#### **Overview**

Dr. Tanmai Deelip Yermal (Jain), is a trusted and best cardiologist doctor in Pune, Kharadi. Dr. Tanmai, MD (Medicine), and DNB (Cardiology) were awarded the "Nana Mone" best resident award in 2016 and were felicitated by the vice chancellor of MUHS University. He has completed his DNB Cardiology from the renowned cardiac institute Narayanan Hrudayalaya, Bangalore. He was a co-investigator in the ICMR trial of BCG vaccination for the prevention of Covid 19 in the elderly. Later he was associated with Manipal Hospital Bangalore as an associate consultant in Cardiology. In his career, he has performed various cardiac interventions as a primary operator including Coronary and peripheral Angiography (more than 2,500), Cath study, Angioplasties (more than 500 Angioplasties that include primary, elective, and complex Coronaries like bifurcation lesions, Left main, multivessel, CTO, Anomalous Coronaries, OCT and IVUS guided plastic). Dr. Tanmai has performed various cardiac devices like Permanent Pacemaker implantation, AICD, ASD, PFO Devices, and PTMC. He has assisted in many structural cardiac interventions that include TAVI, LAA Device closure, PFO devices, AAA stenting, and Carotid stenting, Dr. Tanmai has associated with various media houses and he also attends prestigious health summits and events wherein he shares his views and utilises the opportunity and the power of media to disseminate accurate medical information. He has been invited as a guest speaker in various CME programs. Dr. Tanmai Yermal Jain was also featured in the Times of India for his article titled 'High cholesterol signs in fingers and toes in The Times of India.' Dr. Tanmai is fluent in Hindi, English, Marathi and Bangla and has treated patients from diverse geographical and cultural backgrounds. He is sincere and believes in maintaining the confidentiality of patient data and transparency with patients during consultations. Dr. Tanmai is one of the best cardiologists in Pune, who believes in two-way and honest communication with the patients, and to aid that he provides a safe environment for his patients. According to him, this not only enables them to speak without inhibitions but also helps the doctor draft a holistic healing treatment plan.

# **Field of Expertise**

- · Experienced and expert in all cardiac interventions in Coronaries and structural heart disease
- Special interest in complex coronary interventions like CTO, Bifurcation, Left main and device therapies that include Permanent pacemaker, AICD, ASD device closure, TAVI, and LAA device closures

## Languages Spoken



- English
- Hindi
- Marathi
- Bangla

### **Awards & Achievements**

• NANA MONE Best Resident Award in 2016.

### **Talks & Publications**

- Invited as a guest speaker in various CME programs.
- Dr. Tanmai Yermal Jain on High cholesterol signs in fingers and toes in The Times of India. Click Here
- Dr. Tanmai Yermal (Jain) on High Cholesterol Side Effects: 5 Effective Remedies To Flush Out Bad Cholesterol Naturally | The Health site (Online) | Authored Article. Click Here
- Dr. Tanmai Yermal (Jain), Consultant Cardiology at Manipal Hospital, Kharadi | Heart health. Click Here
- Winter Wellness | Dr. Tanmai Yermal (JAIN), Consultant Cardiology | Manipal Hospital Kharadi. <u>Click Here</u>
  Dr. Tanmai Yermal Jain | Heart Attack Recovery | Times Now. <u>Click Here</u>
- Understanding Heart Health | Dr. Tanmai Yermal Jain, Consultant Cardiology at Manipal Hospital Kharadi. Click <u>Here</u>