

## **DR. MOHIT MUTTHA**

Consultant - Spine Surgeon

### **Qualification**

MBBS | MS (Ortho) | DNB (Ortho) | FNB(Spine Surgery)

### **Overview**

Dr. Mohit Muttha, the best spine doctor in Pune has completed his MBBS from the prestigious BJ Medical College of Pune. He went on to do MS (Orthopaedics) from the Sion Hospital in the year 2014 and further pursued FNB Spine Surgery which is a dedicated National Board-certified two-year degree course in spine from the Indian Spinal Injuries Centre, New Delhi. Dr. Mohit had been trained in minimally invasive spine surgery in Germany and Australia. His areas of expertise include the treatment of sciatica, chronic back and neck pain, spondylosis, spinal infections, tumours and trauma, congenital spinal deformities, scoliosis and kyphosis and performing minimally invasive and endoscopic spine surgeries. He is dedicated to exemplary patient outcomes with the use of the latest equipment and technology. Dr. Mohit specifically focuses on listening to and addressing patient concerns. This allows him to create a personalised treatment plan that focuses on holistic healing. Dr. Mohit Muttha's multilingual proficiency in English, Hindi, and Marathi fosters trust and understanding among a diverse patient population. Dr. Mohit has a joyous and helpful personality which automatically creates a very healthy environment to work with. He has garnered positive reviews from all his patients for his compassionate conduct and pragmatic approach. Having been trained in one of the best institutes in our country and abroad in spine he is

well-versed in managing all spinal pathologies Besides offering the best care to the patients Dr. Mohit actively participates in various seminars and events that are dedicated to the development of the medical world. He presented a paper at the Oral paper presentation in 2023 during Spine Week, in Melbourne, Australia, won the best paper award in 2020 at the Korean Society of Spine Surgeons (KSSS) Conference in Seoul, South Korea, and presented an E poster at the Global Spine Congress 2021, in Paris. He has performed numerous complex spine surgeries successfully and has treated patients from across the country and abroad.

### **Fellowship & Membership**

- AO Spine Fellow - Stavva Ahmedabad
- Minimally invasive spine fellow - Germany
- Advanced Spine Fellow - Australia

### **Field of Expertise**

- Sciatica
- Chronic Back and Neck pain
- Spondylosis
- Minimally invasive and endoscopic spine surgeries
- Spinal infections, tumours and trauma
- Congenital spinal deformities
- Scoliosis and Kyphosis

### **Languages Spoken**

- English
- Hindi
- Marathi

## Awards & Achievements

- Oral paper presentation 2023 – Spine Week, Melbourne, Australia.
- Best paper award 2020 – Korean Society of Spine Surgeons (KSSS) conference – Seoul, South Korea.
- E poster – Global Spine Congress 2021, Paris.
- E Oral paper presentation – ASSICON 2020.
- Oral paper presentation(2nd position) -ISSICON 2019, New Delhi, India.
- Oral paper presentation – ICS 2019, Mangalore, India.

## Talks & Publications

- Mohit Muttha<sup>1</sup>, Harvinder Singh Chhabra<sup>1</sup>, and Raymond P Onders<sup>2</sup>. Diaphragm Pacing: Is It Possible to Get Rid of Mechanical Ventilation in Cervical Injury Patients? 4705 Global Spine Journal 11(25).
- Nanda A, Srivastava SK, Shetty AP, Dave BR, Chhabra HS, Onders R, Muttha M et al. The spine clinics: Traumatic cervical spine injury: Clinical scenarios. Indian Spine J 2022;5:82-98.
- Mohit N. Muttha, MS Ortho, Kalidutta Das, MS Ortho, Harvinder S. Chhabra, MS Ortho, Bibhudendu Mohapatra, MS Ortho, and Vikas Tandon, FNB spine. Dual Syringe Technique for Aspiration in Percutaneous Transpedicular Biopsy of Spinal Lesions. Techniques in Orthopaedics, vol 37, Number 3, Sept 2022.
- Rathod AK, Dhake RP, Muttha MN, Singh AI, Thakur DV. Application and use of subcutaneous stay sutures in anterior cervical spine surgeries with a transverse neck incision: A technical report. J Craniovert Jun Spine 2018;9:96-100.
- Dr. Ashok K Rathod, Dr. Amit Singh, Dr. Mohit Muttha and Dr. Santosh Bindumadhavan Study of efficacy and complication in various approaches in surgeries for dorsolumbar spinal tuberculosis “ International Journal of Orthopaedics Sciences 2018; 4(2): 732-738.
- Mohit Muttha, Bibhudendu Mohapatra, Kalidutta Das, Shreejith Menon. Does prophylactic vertebroplasty prevent proximal junctional kyphosis? Journal of Medical Research and Innovation, Vol 3, Iss S1 S13.
- Sreejith C. Menon, Ankur Nanda, Rajat Mahajan, Mohit Muttha. Proximal junctional kyphosis in paediatric kyphoscoliosis correction surgery: An analysis of 2 cases. Journal of Medical Research and Innovation, Vol 3, Iss S1 S14.
- Bartakke G, Muttha M, Tomer D, Kadam SA. Giant cell tumor of sacral vertebra in an adolescent without neurodeficit: A case report and review of the literature. Surg Neurol Int 2023;14:121.