

### DR. GOUTHAM S V

Consultant - Casualty

### Qualification

MBBS | MD in Emergency | |

#### Overview

Dr. Goutham S V is a highly skilled and dedicated emergency medicine specialist in Bangalore. He currently practices as a Consultant -Casualty at Manipal Hospital Malleshwaram, Bangalore. With a strong educational background, Dr. Goutham obtained his MBBS degree from the S.S. Institute of Medical Science and Research Center under RGUHS and pursued a specialisation in Emergency Medicine from a prestigious JJM Medical College. His formative years as a Junior Resident at the Department of Emergency Medicine, JJM Medical College Davanagere, from 2020 to July 2023, provided him with invaluable hands-on experience and a substantial foundation in critical care. During his medical career, Dr. Goutham honed his clinical skills and gained proficiency in various emergency procedures such as Cardiopulmonary Resuscitation (CPR), Basic and Advanced Airway Management Techniques, Mechanical Ventilation, Ultrasonography- FAST and E-FAST, Thoracocentesis (Needle & Tube), Cardioversion/Defibrillation, Emergency Transvenous & Transcutaneous Cardiac Pacing, Peripheral & Central Venous Catherizations, CVP Monitoring, etc. He is also proficient in Splinting for managing patients with Common Dislocations. His extensive expertise allows him to handle medical emergencies with precision and effectiveness. Dr. Goutham actively pursues academic and research interests in addition to clinical

practice. His dissertation on "Shock index as a predictor of vasopressor use in patients with sepsis" and publication in the International Journal of Advanced Research (IJAR) on "Pocus to differentiate dyspnea presenting to the Emergency Department" exemplify his commitment to advancing medical knowledge. Dr. Goutham's certifications in Basic and Advanced Cardiac Life Support (AHA certified), Advanced Trauma Life Support (ACOS), Pediatric Advanced Life Support (AHA certified), Neonatal Advanced Life Support (AHA certified), National Ultrasound Life Support, and Airway Management demonstrate his dedication to lifelong learning and professional development. These credentials demonstrate his skill and commitment to delivering the best treatment. Dr. Goutham's contributions to emergency medicine, continuous learning and research, and persistent commitment to high-quality patient care have positioned him as a well-known casualty medicine doctor in Bangalore.

## **Field of Expertise**

- Cardiopulmonary Resuscitation (CPR)
- Basic and Advanced Airway Management Techniques
- Initiation & Maintenance of Mechanical Ventilation
- Ultrasonography- FAST and E-FAST
- Thoracocentesis ( Needle & Tube)
- Cardio-version/ Defibrillation
- Emergency Transvenous & transcutaneous cardiac pacing
- Peripheral & Central venous catheterisation
- CVP Monitoring
- Splinting & Management of common dislocations

# **Languages Spoken**

Kannada



- English
- Hindi

# **Awards & Achievements**

- Basic and Advanced Cardiac Life Support (AHA certified) with Instructor potential.
- Advanced Trauma Life Support (ACOS)
- Pediatric Advanced Life Support (AHA certified) with Instructor Potential.
- Neonatal Advanced Life Support (AHA certified)
- National Ultrasound Life Support
- · Airway management.

### **Talks & Publications**

- Dissertation on "Shock index as a predictor of vasopressor use in patients with sepsis".
- Publication on "Pocus to differentiate dyspnea presenting to Emergency Department" published on October 2022 in the International Journal of Advanced Research (IJAR).
- Paper presentation on "Shock index as a predictor of vasopressor use in patients with sepsis" done at AEMECON-2023 held at Coimbatore, Tamilnadu, India.