



DR. AVINASH G KAMATH

Consultant - Child & Adolescent Psychiatrist

Qualification

MD Psy (NIMHANS) | PDF - Child & Adolescent Psychiatry (St. Johns)

Overview

One of the best child and adolescent psychiatrists and therapists in Mangalore, Dr. Avinash Kamath is working in close liaison with paediatrics. Dr. Kamath has an experience of almost a decade working in general hospitals and also in a multidisciplinary team where collaboration with other specialists is needed to treat various disorders that usually affect children and adolescents. He provides scientific, evidence-based mental health interventions with a strong focus on individual and family-based interventions and treatments for helping young individuals recover from various mental health disorders as well as maintain overall mental well-being. His dedication and patient care brought him the reputation of one of the best child psychiatrists in Mangalore.

Field of Expertise

- Neurodevelopmental disorders: Autism spectrum disorders, IDD, SLD, ADHD Tics and Tourette's.
- Behavioural Disorders in Children.
- Eating Disorders.
- School Refusal.
- Parent-mediated Interventions.

Languages Spoken

- English
- Hindi
- Kannada
- Malayalam
- Konkani
- Tulu

Awards & Achievements

- Dr. Kamath was honoured with the Excellence in Teaching 2015-16 award by Kasturba Medical College, Manipal on 19th March 2016.
- He was also bestowed with the David Sacket Memorial Award 2020 for his work on the 12th Annual International Course on Health Research Methodology and Evidence-based Medicine by St. John's Medical College and McMaster's University.
- Dr. Kamath has conducted several national and international workshops on various child and adolescent psychiatry subjects.
- He has been a part of more than 20 television, radio and online awareness programs.

Talks & Publications

- Vishwanath, R., Kamath, A. G., Thomas, N., Guddattu, V., & Praharaj, S. K. (2023). The pattern of acquisition of theory of mind in pre-schoolers: A cross-sectional study from South India. *Asian Journal of Psychiatry*, 81, 103443.
- Thomas, N., & Kamath, A. G. (2022). Medical and Psychological Management of Victimization. In *Victimology: A Comprehensive Approach to Forensic, Psychosocial and Legal Perspectives* (pp. 453-468). Cham: Springer International Publishing.
- Bhuyan, K., Kalyanpur, B., Phukan, D., Kv, S., T UDUPA, S. U. M. A., Kamath, A. G., & Prabhu, G. (2020). Ethical dilemmas in mental health resources for college students: A reflective case study. *Indian Journal of medical ethics*, VI, 1, 1-10.
- Dr. Avinash G Kamath on Anxiety in children and teens: A parental guide to understanding and recognizing their problem. [Click Here](#)