



DR. ARPITA SHIVASTAVA

Consultant - Neurology

Qualification

MBBS | MD (General Medicine) | DrNB in Neurology

Overview

Dr. Arpita Shivastava is a highly accomplished and dedicated Neurology Doctor in Mangalore currently serving as a General Physician at KMC Hospital in Mangalore. With a strong educational background and extensive clinical experience, she brings a wealth of knowledge and expertise to her practice. Dr. Arpita Shivastava's academic journey is marked by excellence and a commitment to medical excellence. She earned an MBBS from Netaji Subhash Chandra Bose Medical College, Jabalpur, M.P. Dr. Shivastava's passion and dedication led to an outstanding academic performance, earning her a total of 5 Gold Medals in subjects like Anatomy. She was also awarded the Combined Gold Medal in Physiology, Pathology, and Medicine. Her distinction as the university topper in both the first and final years of MBBS earned her another Gold Medal through the Apollo Institute. Later, she pursued an M.D. in General Medicine from Government Medical College, Surat, Gujarat. Dr Shivastava continued her pursuit of medical knowledge and completed her postgraduate degree with a focus on General Medicine and Dr N.B. in Neurology from Kasturba Medical College Hospital, Mangalore. Dr. Arpita's extensive skill set and strengths encompass a wide range of medical areas. She is highly trained in neurological differential diagnoses and conducts electrophysiological studies, including NCS, EMG, and EEG. Her expertise in neuroradiology allows for precise diagnosis and treatment. She is also skilled in various medical procedures, including lumbar puncture, central and peripheral intravenous line insertion, thoracostomy, thoracocentesis, paracentesis, endotracheal intubation, bedside ultrasonography, and echocardiography. She is known for her empathetic approach to patient care, understanding patient psychology, and effectively breaking language barriers. Her ability to connect with patients on a personal level ensures a positive and supportive healthcare experience. Dr. Arpita's commitment to medical excellence, compassionate patient care, and her extensive knowledge in General Medicine and Neurology make her an invaluable asset to the medical community. With a focus on continued learning and development, she is dedicated to staying at the forefront of medical advancements, ensuring the best possible care for her patients at KMC Hospital, Mangalore.

Field of Expertise

- General Medicine
- Neurology
- · Received a Gold Medal from Apollo Institute for topping the final year

Languages Spoken



- English
- Hindi
- Gujarati
- Kannada

Awards & Achievements

- Multiple Gold Medals in MBBS, including Anatomy, Physiology, Pathology, and Medicine.
 Received a Gold Medal from Apollo Institute for topping the final year.