DR. ISHWAR KEERTHI

Consultant - Spine Surgery

Qualification

MBBS | MS (Ortho) | FNB Spine

Overview

Dr. Ishwar Keerthi is an Assistant Professor and the Head of the Spine Surgery Unit of the Orthopaedics Department at KMC Hospital, Mangalore. He has more than 15 years of experience in performing spine deformity correction, micro and endoscopic spine surgeries, minimally invasive spine procedures, cervical and cranio-vertebral surgeries, degenerative spine surgeries, spine trauma management, spine oncology, spine rehabilitation, and spine injection therapies. He also organizes spine mentorship programs of 1 year duration for young orthopaedic surgeons at KMC Hospital. He is the Spine Surgeon in Mangalore having immense expertise in the field. He is a founding member and a treasurer of the Canara Spine Society and the secretary of the Canara Orthopaedic Society since 2018.

Fellowship & Membership

- Indian Orthopaedic Society
- Association of Spine Surgeons of India
- AO Spine
- North American Spine Society
- Canara Orthopaedic Society - Secretary
- Canara Spine Forum – Founder Member and Treasurer
- Editorial Member of Journal EC Orthopaedics
- ICS 2019 Mangalore – Treasurer

Field of Expertise

- Corrective Spine Surgery

Languages Spoken

- Kannada

- Hindi
- English
- Tulu

Awards & Achievements

- Best Original Research Paper Award 2007 Orthopaedic Association of South Indian States Conference "The effect of internal fixation on canal dimensions and neurological recovery in thoracolumbar and lumbar burst fractures", Ishwara-Keerthi C, NS Bhat and SP Mohanty.
- B Braun Medical Trust Foundation 2006 Outstanding achievement in postgraduate medical studies in orthopaedics.

Talks & Publications

- Rajendran, T., & Keerthi, I. (2018). Outcomes of spinal stabilization in multiple myeloma with unstable vertebral lesions background. J o u r n al O f Clinic al O n c olo g y , 36 (15_suppl), e20028-e20028. doi: 10.1200/jco.2018.36.15_suppl.e20028.
- Keerthi, I., Dhillon, C., & Shetty, M. (2012). Late-Onset Bowel Perforation and Iliac Artery Erosion After Prominent Anterior Spinal Instrumentation. Spine , 37 (22), E1402-E1405. doi: 10.1097/brs.0b013e318267f813.
- Santosh Rai, P., Santosh, K., Chakraborti, S., Pai, S., Keerthi, I., & Pai, M. (2014). A blast from the past!: The value of adding single slice magnetic resonance myelography sequence to magnetic resonance imaging of the spine; a flashback to the conventional myelography of the past. Surgical Neurology International , 5 (16), 523. doi: 10.4103/2152-7806.148018.
- Mohanty, S., Bhat, S., & Ishwara-Keerthi, C. (2011). The effect of posterior instrumentation of the spine on canal dimensions and neurological recovery in thoracolumbar and lumbar burst fractures. MUSCULOSKELETAL SURGERY , 95 (2), 101-106. doi: 10.1007/s12306-011-0111-1.
- Mohanty, S., & Ishwara-Keerthi, C. (2010). Surgery in scoliosis: Principles and decision making, Journal of the Karnataka Orthopaedic Association, 12 - 18.
- Mohanty, S., & Ishwara-Keerthi, C. (2009). Lumbar canal stenosis: Natural history, Clinical features and Management, Journal of Orissa Orthopaedic Association, 30:12 - 25.
- Mohanty, S., Bhat, N., Abraham, R., & Keerthi, C. (2008). Neurological Deficit and Canal Compromise in Thoracolumbar and Lumbar Burst Fractures. Journal Of Orthopaedic Surgery , 16(1), 20-23. doi: 10.1177/230949900801600105.
- Ishwara-Keerthi, C., & Mohanty, S. (2008). Role of antibiotic-loaded PMMA beads in the management of musculoskeletal sepsis. Journal of Orissa Orthopaedic Association, 29: 12-15.
- Dr. Ishwar Keerthi & team performs complicated spine surgery to stop the case of potential paralysis ahead of World Spine Day covered in Mangalore media.
- Dr. Ishwar Keerthi on How alcohol, energy drinks can impact your body? 4 drinking habits which increase chance of osteoporosis | Asianet Newsable.Click Here
- Dr. Ishwar Keerthi on Spine problems on a rise: Here's how to prevent it | Health shots.Click Here
- Dr. Ishwara Keerthi C on Understanding Dowager's Hump: Causes, Symptoms, And Risk Factors. Click Here