

DR. SOUVONIK MANDAL

Consultant - Internal Medicine

Qualification

MD Medicine

Overview

Dr. Souvonik Mandal is a dedicated Medicine specialist with a profound commitment to enhancing patient well-being. Holding a medical degree and years of specialized training, his expertise lies in diagnosing and treating a diverse range of medical conditions. Throughout his career, he has honed his skills in internal medicine, aiming to provide comprehensive care that addresses the holistic health of his patients. His diagnostic approach involves a meticulous examination of medical histories, coupled with advanced diagnostic tests to ensure accurate assessments. He is well-versed in managing chronic diseases such as diabetes, hypertension, and cardiovascular conditions, employing evidence-based practices to optimize patient outcomes. In addition to his clinical proficiency, he prioritizes clear communication with patients, ensuring they have a thorough understanding of their conditions and treatment plans. Empathy plays a central role in his practice, as he believes that compassionate care fosters a positive healing environment. Collaborating with patients to make informed decisions about their health is a cornerstone of his philosophy. He is also involved in teaching MBBS and MD as well as BDS students. He is actively engaged in staying abreast of the latest medical advancements, regularly attending conferences and participating in continuing education both as a speaker as well as a

delegate. This commitment to ongoing learning allows him to offer his patients the most current and effective treatments available. As a Medicine specialist, he collaborates seamlessly with a multidisciplinary team of healthcare professionals, fostering an integrated approach to patient care. Whether managing complex cases or providing routine check-ups, his goal is to empower individuals to lead healthier lives through personalized and attentive medical attention. He is driven by a passion for medicine and a genuine desire to contribute to the well-being of those under his care.

Fellowship & Membership

- Association of Physicians of India

Languages Spoken

- English
- Bengali
- Hindi
- Nepali

Awards & Achievements

- Associate Professor in Internal Medicine
- Certification in Good Clinical Practice
- PG Diploma in Advanced Diabetes and Endocrinology (UK)

Talks & Publications

- The Predictors of Early Mortality in HIV Infected Patients Initiating Antiretroviral Therapy in A Tertiary Hospital. Souvonik Mandal, Pijush Kanti Biswas, Debarati Sarkar. International Journal Dental and Medical Sciences Research. Volume 3, Issue 1, Jan-Feb 2021, Page No: 922-925
- DOI: 10.35629/5252-0301922925
- A Study of Correlation between Portal Haemodynamics and Esophageal Varices in Cirrhotic Patients. Gouri Sankar Pal, Pijush Kanti Biswas, Souvonik Mandal.
- International Journal Dental and Medical Sciences Research. Volume 3, Issue 1, Jan-Feb 2021, Page No: 1023-1028
- DOI: 10.35629/5252-030110231028
- A Study on Prevalence, Clinical Features and Organ Damage in Systemic Lupus Erythematosus (SLE) with Special Reference to Metabolic Profile- Uttam Kumar

- Mandal, Pijush Kanti Biswas, Souvonik Mandal, Alakes Kumar Kole. Journal of the Indian Medical Association. Volume 120, No 4, April 2022
- An Observational, Cross-sectional Study on Epidemiology and Clinical Spectrum of Tuberculous Meningitis in a Tertiary Care Hospital in Eastern India and Role of CSF CBNAAT for Rapid Diagnosis- Alapan Paul, Linkon Biswas, Soumyasil Das, Souvonik Mandal, Nirendra Mohan Biswas. Journal of Communicable Diseases Volume 54, Issue 3 - 2022, Pg. No. 6-14. DOI: <https://doi.org/10.24321/0019.5138.202283>
- Case report: Datta, Saikat & Saha, Sandip & Kar, Arnab & Mandal, Souvonik & Basu, Syamantak. (2014). Apert Syndrome. The Journal of the Association of Physicians of India. 62. 845-8. PMID: 26259326.