

## **DR. POONAM YADAV**

Consultant - Ophthalmology

### **Qualification**

MBBS, DNB (Ophthalmology), | M.Phil in Hospital and Health System Management

### **Overview**

Dr. Poonam Yadav is an ophthalmologist/ eye surgeon who has an experience 28 years in this field, of which 21 years are as a specialist. Dr. Poonam Yadav practices at Manipal Hospitals in Sarjapur Road, Bangalore. She is affiliated with esteemed medical organisations, including the All India Ophthalmological Society, Bangalore Ophthalmological Society, Karnataka Ophthalmological Society, and Delhi Ophthalmological Society. Her commitment to continuous professional development is evident in her active involvement in these societies. Dr. Poonam Yadav completed her MBBS from Pandit Bhagwat Dayal Sharma University of Health Sciences Rohtak in 1995, DNB - Ophthalmology from Pandit Bhagwat Dayal Sharma University of Health Sciences Rohtak in 2002, and M.Phil from BITS, Pilani and Tulane university, USA in 1999. She is also associated as a member of the Delhi Medical Council. She is an expert in anterior chamber work, having treated hundreds of patients and conducted over 1,000 cataract procedures and several laser surgeries. She has mastered using Protege, AMO Diplomax II, Appasamy, and Infiniti Phaco equipment and foldable and non-foldable IOL placements. Dr. Poonam Yadav sharpened her skills in general ophthalmology, with a particular focus on glaucoma, anterior segment, and paediatric ophthalmology.

She has remarkable proficiency in ophthalmic procedures, including pterygium surgeries with glue, chalazion treatments, LASIK, C3R, IPCL, and medical glaucoma management. Dr. Poonam has worked with advanced LASIK machines such as Zyoptix, Allegretto 200 and 500, and Hansatome and Moria keratome, successfully performing numerous LASIK surgeries with utmost patient satisfaction. Dr. Poonam is an ophthalmologist who has gained a thorough understanding of ophthalmology and has obtained all the required abilities to manage difficult challenges. For the same reason, she is considered the best ophthalmologist in Sarjapur, Bangalore. Dr. Poonam Yadav's specialisation extends to refractive correction with ICL/IPCL, encompassing both spherical and toric cases. She has garnered extensive experience in managing cornea-related conditions such as Keratoconus, employing treatments involving glasses, RGP, or C3R techniques. Dr. Poonam's expertise also encompasses comprehensive care for medical glaucoma, including screening, diagnosis, laser procedures, and medical management. She employs diagnostic techniques such as gonioscopy, HFA, and OCT to provide thorough assessments. Additionally, she is well-versed in paediatric ophthalmology and manages conditions such as amblyopia. Dr. Poonam actively identifies and refers patients requiring squint surgery, ensuring comprehensive care for young patients. She upholds a solid ethical approach, practising evidence-based medicine and adhering to national and international protocols in patient management. In terms of communication, Dr. Poonam is fluent in both English and Hindi, ensuring effective communication with her patients. Dr. Poonam Yadav is recognised as one of the top ophthalmologists in Sarjapur Road Bangalore, owing to her vast experience and skill set.

### **Fellowship & Membership**

- All India ophthalmological society
- Karnataka ophthalmological society

- Bangalore ophthalmological society
- Delhi ophthalmological society

### **Field of Expertise**

- Anterior segment- cataract, glaucoma, refractive

### **Languages Spoken**

- English
- Hindi

### **Talks & Publications**

- Manipal Hospitals Sarjapur: Dr. Poonam Yadav on Why Must One Care For One's Eyes While Bursting Crackers? | The Health Site. [Click Here](#)